



[Crafts](#)[Recipes](#)[Health](#)[House & Home](#)[Parenting](#)

[Tech](#)[Travel](#)[Giveaways](#)[Winners](#)

Love Gel Nails? Protect Yourself From Those Harmful UV Lamps

October 18, 2016 by Kelly — 27 Comments

I'm not one for incredibly complex beauty routines. To me, less has always been more. When it comes to my nails, I've always been one to sport a more simple and natural look. I don't pamper myself often, but when I do, I love to treat myself to a set of gorgeous gel nails.

What's Your Favorite Beauty Treatment?

A well-done manicure is the one beauty treatment that I never skimped out on. Even when

I'm just sporting a nude polish or a simple top coat, clean cuticles and nicely-trimmed nails are always so sophisticated and pleasant to look at. Just like how many women use a single tube of lipstick to feel their best, a well-done manicure allows me to feel confident and fashionable at all times.

The Beauty Of Gel Manicures

For years, I was always curious about gel manicures. They boast a crisp and polished look (no pun intended), are known to be ultra convenient and long-lasting. The only thing I was hesitant about was the heavy use of UV lights in order to cure the polish. Time and time again, I would hear about these horror stories concerning the excessive exposure to these lamps. I didn't want to take the risk for my skin and for my overall health. I was always a little disappointed because I longed for the flawless look that gel manicures offered. Well folks, my beauty dreams have finally come true. I recently came across a product that would allow me to get pampered with a gel manicure – safely and worry-free. I couldn't be any happier about it!

Risk-Free Gel Manicures With Youveeshield

In 2010, a woman by the name of Renee Albera went ahead and got her first gel manicure. Impressed with the results, she made them a part of her beauty regime. Eventually, she started to notice sun spots on her hands and realized it was the result of constant exposure to the strong UV lamps used at the nail salon. That's why in 2014, Renee brought [Youveeshield](#) to the market. She longed to make gel manicures a safe affair and finally accomplished it with her brilliant product.

Love Gel Nails? You Need Youveeshield

[Youveeshield](#) is a simple yet, effective product that's certified to block 99% of the UV light emitted from UV/LED lamps. Lightweight and easy-to-use, [Youveeshield](#) covers the hand in its entirety as well as a portion of the wrist so that you can spruce-up your nails worry-free.

The Harmful Effects Of UV Lamps

UV lamps are often used in nail salons because they speed up the drying process and help cure gel polishes, giving it their long-lasting effect. But beware: according to the American Cancer Society, ultraviolet rays can increase the risk of skin cancer and this is exactly what these lamps emit. Moreover, these lamps can cause burns, sunspots and increase your skin's sensitivity. Many women report their skin looking older with more wrinkles from routine use.

Youveeshield Makes Gel Manicures A Possibility

Instead of dropping the idea of a perfectly manicured hand, *Youveeshield* is definitely something to consider. Inexpensive and disposable, *Youveeshield* is easy to carry to your local salon, slip on your hand and get the perfect nails that you deserve.

It's seriously that simple. Check out this video!

[[YouVeeShield from Blakbox Group on Vimeo](#)] Youveeshield is sold in different packs, starting at \$9.99 USD for 10 shields. I tend to purchase mine on the bulkier side: 80 shields for \$63 USD – it lasts me a good while and is a total bang for my buck! What's even better is that the shields work for both manicures and pedicures. That's right: even your feet can look fab without putting them to risk. Gel nails are now a reality for me all thanks to Youveeshield. Make them a part of your beauty routine and don't forget to follow them on social media: [Facebook](#), [Twitter](#), [Instagram](#) and [YouTube](#).

As an exclusive bonus, our readers get 15% off using the code “fall2016”, go [here](#) to claim it!

What manicure treatment is your favorite? Have you ever tried gel manicures? I want to hear all about your beauty regime in the comments below!

⊕ Save



The Truth About Rachael Ray



Ex-Workers Reveal One Item You Should Never Order at McDonald's



How to Make the Best Meatloaf Ever



Spinach Dip Crescent Bites Are The Perfect Appetizer

Filed Under: beauty

Tagged With: health, nail care, nails



About Kelly

Hi! My name is Kelly. I am a Southern mom, autism advocate, camera bug, foodie & crafter. Never miss a budget friendly recipe, DIY/craft project or fun tip

« [Easy Tailgating Recipe | Crockpot Pulled Pork Sandwich with Cranberry Apple Slaw](#)

[Slow Cooker White Chicken Chili Recipe »](#)

Comments



[Liz Mays](#) says

[October 18, 2016 at 10:15 pm](#)

I'm glad the Youveeshield is available. You definitely don't want to take risks when it comes to UV radiation.

[Reply](#)



adriana says

October 18, 2016 at 11:05 pm

What a great idea! I get gel on my nails every few weeks and it always concerns me, but I love how long gel lasts so it's worth it! I'll check this out!

[Reply](#)



Elizabeth O. says

October 18, 2016 at 11:56 pm

I don't like complex beauty treatments either. I think it's more important to take care of your skin other than risk the effects of the treatments. This sounds like a cool solution for people who love getting gel polish.

[Reply](#)



victoria says

October 19, 2016 at 7:55 am

I love to have a gel nails every two weeks I always wonder why I need to cover my hands. Glad you share this info

[Reply](#)



Heather Gallagher says

October 19, 2016 at 9:30 am

I need my nails done (holiday season coming up and I like to look nice for all the

parties). Such great info – thanks!

[Reply](#)



OurFamilyWorld says

October 19, 2016 at 9:33 am

I haven't try Gel nails. I would love to try these on weekends. Glad you share this important post

[Reply](#)



Cindy Ingalls says

October 19, 2016 at 11:18 am

I tend to do my own nails at home because I find it relaxing. Every now and again I get a manicure at salon. I've never thought about the drying lights being bad for your skin, but it makes perfect sense. Wearing a protective shield is a brilliant idea. No one wants to age their hands prematurely.

[Reply](#)



ourfamilyworld says

October 19, 2016 at 1:38 pm

I would love to try these gel nails for me, sounds good way to pamper myself

[Reply](#)



Akhil Sharma says

October 19, 2016 at 6:44 pm

Patience is key, however, it is a rare quality these days. We want everything swiftly and this is why we ignore the negative impacts of certain things.

[Reply](#)



Melissa Bernardo says

October 25, 2016 at 8:58 am

Inbred to get a good manicure and pedicure. Thanks for sharing this!

[Reply](#)



Melissa Bernardo says

October 25, 2016 at 8:58 am

I need*

[Reply](#)



Parpar de Real says

November 4, 2016 at 6:16 am

My cousins are addicted to getting nails looks good and clean! So I should have to tell this to them! Thanks for this post.

[Reply](#)



Veronica Lee says

November 24, 2016 at 7:29 am

I would love to treat myself to a set of gorgeous gel nails. Glad you shared this.

[Reply](#)



alicia szemon says

November 24, 2016 at 6:58 pm

hmmm. very interesting. I do gel nails with the uv lamp

[Reply](#)



Jenna Hudson says

December 30, 2016 at 6:15 pm

My favorite part of a manicure is the massage! I've never tried the gel nails before, a bit weary of the UV lamps.

[Reply](#)



Lynne B says

January 8, 2017 at 8:43 pm

Most nail salons that you find in strip malls treat your real nails as if they're fake. They file the top of your nails which is such a bad thing to do. It makes your nail thinner, more susceptible to infection and only makes your nails weaker. I agree with one of the other commenters that the best thing about manicures these days is the massage. It's very rare to come across a salon that doesn't automatically cut your cuticles and file the tops of your nails.

[Reply](#)



[mycraftingworld](#) says

[February 3, 2017 at 6:37 am](#)

This is a great idea to do. You don't need your hands looking bad when your nails look so good. Thank you for the review.

[Reply](#)



Julie Wood says

[March 3, 2017 at 9:31 am](#)

I haven't try Gel nails. I would love to try these on weekends. Glad you share this important post

[Reply](#)

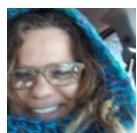


Sohair says

[March 4, 2017 at 5:31 pm](#)

I'm not usually the one that gets these, but I'll tell everyone I know ty

[Reply](#)



Dotty J Boucher says

[March 20, 2017 at 6:27 pm](#)

I use to give myself gel nails and I also did a few family and friends nails but something always bothered me about it, so I stopped, I think I actually threw everything away. After seeing this I am so glad, I knew it was just too good to be true.

@tisonlyme143

[Reply](#)



Patti says

March 27, 2017 at 3:27 pm

I have only done gel nails one time. I really don't think I need to do this to have pretty nails. However, I never knew that the dryers could be dangerous. Never thought about it. So I'm glad you warned us and glad there is a solution to the problem.

[Reply](#)



Jennifer H. says

March 30, 2017 at 3:54 pm

I have always been interested in trying out the gel nails.

[Reply](#)



Jennifer H. says

March 30, 2017 at 3:55 pm

I have always been interested in trying out the gel nails. I may have to give this a go sometime.

[Reply](#)



Mary Songer says

March 31, 2017 at 6:34 pm

Great info. I had never heard of this product. I like to get my nails done and love the long lasting effect of gel nails. I'm going to get some of these. I don't need any more sunspots on my hands.

[Reply](#)



Rosie says

April 10, 2017 at 11:11 am

I love gel nails, although I've never had any manicure or pedicure. I'd love to. It is good to know about UV lamps and how to protect yourself. I use sunscreen all the time, so I would not want the UV exposure. I'm so glad

[Reply](#)



Lana simanovicki says

April 21, 2017 at 11:45 pm

I heard of there gel nails but I haven't tried them.

[Reply](#)



Tara L says

May 1, 2017 at 9:56 am

I never new it was so harmful to your hands to put under the UV lamps. You learn something every day. I use to get gel nails maybe every few months back then, but don't really get my nails done anymore. Can't really type in them fast as I can without them LOL

[Reply](#)

Leave A Reply

Your email address will not be published. Required fields are marked *

Comment

Name *

Email *

Website

Post Comment

Notify me of follow-up comments by email.

Notify me of new posts by email.

Let's Get Social! Follow me on:





Welcome! I'm Kelly, a Southern mama, **FOODIE**, camera bug, **NETFLIX** junkie, & **AUTISM** advocate. I love to share **TASTY** recipes, **FUN** crafts & **TIME SAVING** tips, all without breaking the bank! So grab a cuppa and kick back and enjoy the read!

More About Kelly



Kicking it with Kelly | Food, DIY...

Kicking It | Food & Drinks



Follow On  Pinterest

>>

Popular

>>

Easy \$15 DIY Medicine Cabinet Makeover

November 6, 2017

>>

Thoughts On Atypical On Netflix From An Autism Mom

August 28, 2017

>>

The New M&M'S® Caramel Will Turn Your World Upside Down!

April 5, 2017

>>

Current Kicking it with Kelly Giveaways

April 9, 2015

>>

\$25 Fall PayPal Cash Giveaway

September 11, 2017

[Next »](#)

Search this website ...



Send us a message

Email Address

How can we help?

SEND MESSAGE

Powered by Sumo

Send us a message

Email Address

How can we help?

SEND MESSAGE

Powered by Sumo

Copyright © 2017 · Kicking It With Kelly · Customized By Geek And Beast Media

Proud Member of:
Mediavine Publisher Network
Food Innovation Group: Bon Appetit and Epicurious